

JANUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 TURKEY & CHEESE WRAP CELERY & DIP MUFFIN FRUIT	4 CHILI CHEESY BREADSTICK FRUIT	5 FRENCH BREAD PIZZA LETTUCE SALAD FRUIT	6 WALKING TACOS: CHIPS, MEAT, CHEESE, SALSA, SHREDDED LETTUCE FRUIT	7 SCALLOPED POTATOES & HAM YOGURT, VEGGIES, BREAD FRUIT
10 CHICKEN NUGGETS SWEET PEPPERS & DIP APPLE FRUDEL FRUIT	11 HOTDOG ON A BUN BAKED BEANS FRUIT	12 ITALIAN PASTA BAKE GARLIC TOAST LETTUCE SALAD FRUIT	13 FIESTADA PIZZA HOT VEGETABLE MEDLEY FRUIT	14 TOMATO SOUP CHEESY BREADSTICK POTATO WEDGES FRUIT
17 POPCORN CHICKEN CUCUMBERS & DIP MUFFIN FRUIT	18 CHEESEBURGER ON A BUN SWEET POTATO FRIES CARROTS & DIP FRUIT	19 CHEESE PIZZA LETTUCE SALAD FRUIT	20 MEXICAN CASSEROLE COLD VEGGIE SALAD FRUIT	21 No SCHOOL
24 MINI CORN DOGS SNAP PEAS & DIP FRUIT	25 SLOPPY JOES BAKED BEANS FRUIT	26 PEPPERONI PIZZA LETTUCE SALAD FRUIT	27 TACO WEDGES OR QUESADILLA TRIANGLES CHEESY GREEN BEANS FRUIT	28 TATER TOT HOTDISH BANANA BREAD STRING CHEESE FRUIT

SAMUEL LUTHERAN SCHOOL IS AN
EQUAL OPPORTUNITY PROVIDER

MENU SUBJECT TO CHANGE

OFFERED DAILY:
CHOC (K-8), SKIM, & 1% MILK

ALL GRAINS (BUNS/BREADS/BREADING/TORTILLAS/PASTAS/CHIPS) ARE WHOLE GRAIN & MEET SCHOOL GRAIN REQUIREMENTS